

Lara Faucher

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EXPERIENCE

Certified Professional Life Coach

2021-Present

CPLC through Professional Christian Coaching Institute. Supporting clients to grow in their health physically, mentally, emotionally and spiritually so that their relationship with God, self and others.

Nutrition and Habit Coach

2017- Present

Nutritional Certification with National Academy of Sports Medicine. Supporting clients in all areas of Health - Nutrition, Sleep, Stress Management, Mindset, Exercise, Hydration, Weight Management.

Grand Rapids Ballet, Grand Rapids, MI. — *Teacher*

2014 - 2020

Taught Beginning through Advanced Ballet - Levels 3 - 7. Class size approximately 25 students. Sometimes taught for Company class.

Grand Valley State University, Allendale, MI.— *Adjunct Professor*

2014 - 2020

Teach Classical Ballet/Pointe to beginner and advanced ballet students. Write and facilitate written midterms and exams as well as performance exams. Direct Company Class in which students have the opportunity to work with guest choreographers and faculty setting pieces and learning choreography. Responsible for cleaning, running, organization and tech week. Teach Conditioning and Anatomy as needed.

Turning Pointe School of Dance, Holland, MI. — *Founder and Artistic Director*

January 1999 - May 2014

“preparing the dancer in body and spirit to glorify God with artistic excellence”

Founded and developed the mission and vision of the school in 1999 with 25 students and now the school has over 400 enrolled. Researched and wrote a dance curriculum for all ages and abilities. Supervised teachers and staff. Taught all ages of students, with a focus on middle and high school students. Created 9 different full length classical ballets - from choreographing, lighting, sound, script and costuming oversight. Rehearsed and managed dancers in a performing ensemble ranging from as few as 5 to as many as 80 dancers weekly. Participated in leading fundraising efforts for the school. Developed an outreach company *Soli Deo Gloria*. Developed and taught summer intensives and workshop programs. Hired, maintained communication and evaluation of all staff and teachers. Communicated weekly to dancers and their

SKILLS

Scheduling/Admin
Production planning
PC and Apple platforms
Typing (63 WPM)
Creative Writing
Coaching
Choreographer
Rehearsal Instructor
Teaching

MINISTRY SHORT TERM

Israel: led dance ministry

Turkey: summer study of Islam and service to local ministry leaders

Honduras: led dance ministry and setting up water filters

Navajo Reservation: dance ministry and serving clean up at CRC churches

Bethany CRC: oversight of Sunday school curriculum

GUEST TEACHING CHOREOGRAPHY COACHING/CONSULTING

Ballet 5:8, Chicago

Grand Rapids Ballet

Kalamazoo Ballet

Balletmore, Grand Rapids

Zeeland High School

Northville Ballet, Detroit

Modern Messages, Flint

Youth America Grand Prix,
2015

Jubal Arts, Grand Ledge

parents on their improvements and their needs. Continued to develop and maintain the vision and leadership of the school.

Ballet Magnificat!, Jackson, MS. — *Company Dancer*

July 1991 - June 1994

Company dancer. Traveled and toured throughout Canada and the United States. Instructed classical ballet classes during the summer workshops held in Jackson, MS. in which over 200 students would come to study with the Company.

CERTIFICATION/EDUCATION

CPLC, Certified Professional Life Coach

2023

Certified through Professional Christian Coaching Institute

NASM Nutrition Coach

2017

Certified Health Coach, C.O.P.E Health Coach
NASM, National Academy of Sports Medicine

Progressing Ballet Technique

2017

Trained and assessed in Junior, Senior and Advanced Programs

ABT® National Training Curriculum

2015-2016

ABT® Certified Teacher, Lara Faucher has successfully completed the ABT® Teacher Training Intensive in Pre-Primary through Level 5 of the ABT® National Training Curriculum.

Hope College

1996 - 1998

Bachelor of Arts: Performance/Choreography

Kuyper College

1994 - 1996

Minor in Religion/New Testament Greek

AWARDS

H.J. Kuiper Award, Kuiper College, 2002

Awarded to alumni who have a “dedicated vision, strive to carry the love of Christ, the encouragement of the Word, and the hope of God’s presence into the lives of those who need Him and the fellowship of His children.”

Florence Cavanaugh Award, Hope College, 1998

Awarded to a dance major of Senior status who excelled as a technician, performer, teacher and choreographer while attending Hope College.

Mary Catherine Lee Award, Grand Rapids Ballet, 1988

Awarded scholarship to be used for continuing education in ballet as appreciation for dedication and commitment to the Company.

Michigan Ballet Academy

Acts 17:28, Wisconsin

BALLET TRAINING

Grand Rapids Ballet:

Charthel Arthur, Robert Estner

Ballet Master George

Lysenko, Coach for IBC

Ballet Magnificat!

Intensives

Joffrey Ballet Intensives

Cecchetti Council of America Summer

Intensives, 1987 and 1988

Other: (1985 - 1991) Paul

Sutherland, Trinette

Singleton, Winthrop Corey,

George DeLa Pena, Brunilda

Ruiz, Jim Synder, Edward

Villella, Judy Genson, Ed

Riffel, Sally Seven, Rebecca

Wright

Hope College: Maxine

DeBruyn, Linda Graham,

Ray Tadio, Julio Rivera,

Steven Iannacone

